

SEPTEMBER



**Welcome
Back**



**Goldfish
Crackers
100% Juice –
6oz**

**Pretzels
100% Juice –
6oz**

**11 Scooby Do
Whole Grain
Graham
Crackers 100%
Juice – 6oz**

**12 2oz Whole
Grain Muffin
100% Juice –
6oz**

**13 1oz String
Cheese
100% Juice –
6oz**

**14 Goldfish
Crackers
100% Juice –
6oz**

**15 Pretzels
100% Juice –
6oz**

**18 Scooby Do
Whole Grain
Graham
Crackers 100%
Juice – 6oz**

**19 2oz Whole
Grain Muffin
100% Juice –
6oz**

**20 1oz String
Cheese
100% Juice –
6oz**

**21 Goldfish
Crackers
100% Juice –
6oz**

**22 Pretzels
100% Juice –
6oz**

**25 Scooby Do
Whole Grain
Graham
Crackers 100%
Juice – 6oz**

**26 2oz Whole
Grain Muffin
100% Juice –
6oz**

**27 1oz String
Cheese
100% Juice –
6oz**

**28 Goldfish
Crackers
100% Juice –
6oz**

**29 Pretzels
100% Juice –
6oz**

2 September 10th is

September 10th
Swap Ideas Day
Celebrating the exchange of ideas to better our world.



3 September 11th is



4 September 13th is



5 September 18th is



If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org