



# Cohoes City High School and Middle School September 2023 Breakfast Menu



Welcome Back

**Breakfast is Free  
to All Students  
Attending  
Cohoes City  
Schools.**

**7** Whole Grain  
Waffles  
Chicken  
Sausage Patty  
100% Juice  
Fruit Cup

**8** Egg and  
Cheese  
Sandwich  
100% Juice  
Fruit Cup

**11** Chicken  
Sausage, Egg  
and Cheese  
Sandwich  
100% Juice  
Fruit Cup

**12** Scrambled Egg  
and Cheese  
Burrito  
100% Juice  
Fruit Cup

**13** Breakfast Pizza  
100% Juice  
Fruit Cup

**14** Whole Grain  
Pancakes  
Chicken  
Sausage Patty  
100% Juice  
Fruit Cup

**15** Egg and  
Cheese  
Sandwich  
100% Juice  
Fruit Cup

**18** Bacon, Egg and  
Cheese  
Sandwich  
100% Juice  
Fruit Cup

**19** Whole Grain  
French Toast  
Sticks, Sausage  
Patty  
100% Juice  
Fruit Cup

**20** Chicken  
Sausage, Egg  
and Cheese on  
Bagel  
100% Juice  
Fruit Cup

**21** Whole Grain  
Waffles  
Chicken  
Sausage Patty  
100% Juice  
Fruit Cup

**22** Egg and  
Cheese  
Sandwich  
100% Juice  
Fruit Cup

**25** Chicken  
Sausage, Egg  
and Cheese  
Sandwich  
100% Juice  
Fruit Cup

**26** Scrambled Egg  
and Cheese  
Burrito  
100% Juice  
Fruit Cup

**27** Breakfast Pizza  
100% Juice  
Fruit Cup

**28** Whole Grain  
Pancakes  
Chicken  
Sausage Patty  
100% Juice  
Fruit Cup

**29** Egg and  
Cheese  
Sandwich  
100% Juice  
Fruit Cup

Whole Grain  
Cereal, Bagels,  
Muffins and  
Breakfast  
Sandwiches may  
be offered Daily as  
an alternative

September 11<sup>th</sup> is  
National  
Grandparents Day.



September 13<sup>th</sup> is  
*National Kids Take Over  
The Kitchen  
Day*



September 9<sup>th</sup> is  
National Teddy  
Bear Day



All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well. Adult Breakfast Price is \$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email [BNolan@Cohoes.org](mailto:BNolan@Cohoes.org)