

Cohoes Elementary September 2023 Lunch Menu





Welcome Back

Lunch is Free to All Students Attending Cohoes City Schools. Grilled Cheese Sandwich Pasta Salad Red Pepper Strips Fresh Melon Cup

7

Cheese Pizza Fresh Celery Sticks Fresh Pear

11

Chicken Patty on Whole Grain roll Steamed Broccoli Fresh Apple Brunch for Lunch French Toast Sticks, Chicken Sausage Patty,

Tater Tots, Orange

Slices

Hot Dog Steamed Corn Vegetarian Beans Fresh Banana

Meatball Sub on Whole Grain Roll Red Pepper Strips Fresh Grape Cup Cheesy Breadstick w/ Marinara Sauce Sliced Cucumber Fresh Pear

18

Chicken Nuggets Whole Grain Dinner Roll Steamed Broccoli Fresh Apple 19

Beef Taco w/ Cheddar Cheese and Lettuce Steamed Corn Fresh Orange 20

Cheeseburger Tater Tots Vegetarian Beans Fresh Banana 21

Baked Ziti Dinner Roll Red Pepper Strips Fresh Melon Cup 22

15

Cheese Pizza Fresh Celery Sticks Fresh Pear

25

Chicken Tenders Whole Grain Dinner Roll Steamed Broccoli Fresh Apple Brunch for Lunch
French Toast
Sticks, Chicken
Sausage Patty,
Tater Tots, Orange
Slices

27

Hot Dog Steamed Corn Vegetarian Beans Fresh Banana 28

Meatball Sub on Whole Grain Bun Red Pepper Strips Fresh Grape Cup 29

Cheesy Breadstick w/ Marinara Sauce Sliced Cucumber Fresh Pear

September 10th is



September 11th is



September 13th is



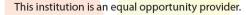
September 18th is





Fat Free Chocolate Milk, 1% Skim and Fat Free White Milk Offered with Each Meal. Assorted Deli Sandwiches w/ Cheese, Chef Salads w/ Dinner Roll and Yogurt Parfait w/ Granola, offered Daily. Adult Lunch is \$5.50 plus Tax. Adult Milk is \$0.75 plus tax.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email BNolan@Cohoes.org



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